Learning Agility: Create a Mind Map

George Hallenbeck writes that people who are learning agile see themselves as continuous works in progress. They yearn to keep growing, keep getting better. A mind map is a way for you to capture what you want to learn. It is a tool that will help you creatively explore and expand options for your learning journey. (If you don’t know what a mind map is, check Wikipedia’s description at http://en.wikipedia.org/wiki/Mind_map.)

Create a mind map of the opportunities for personal development. Put “Opportunities to Develop” in the center circle. Begin to add ideas around the outside and place them inside circles also. You may begin with general categories such as “communication” or specific experiences that will help you grow. For fun, add creative, out-of-the-box ideas, such as learning to make cotton candy, enrolling in opera lessons, auditioning for a play, taking a cooking class in Tuscany, or getting a real estate license. You may wish to use your mind map to create an individual development plan for yourself. Determine diverse experiences that will prepare you for challenges ahead in your career.