Interpersonal Savvy: How They Perceive You

How do you think others perceive you? How do you come across when you are interacting and communicating with others? Record your answers to these questions and share your responses with a trusted colleague for feedback. Remember, we judge ourselves by our intentions. Others judge us by our behaviors. There is often a difference between the two.

- Identify two positive perceptions people have of you and behaviors that contribute to each.

- Identify two negative perceptions people have of you and behaviors that contribute to each.

- Identify how you can strengthen the positive perceptions.

- Identify how you can correct or eliminate the negative perceptions.